Course Profile - Department of Psychology

Course Number: **PSY 315**	Course Title: **Cognition and Emotion**
Required / Elective: Required	Pre / Co-requisites: -
Catalog Description: This course teaches how cognition and emotion affect each other to influence human behavior.	Textbook / Required Material: Fox, E. (2008). *Emotion science: Cognitive and neuroscientific approaches to understanding human emotions*. Basingstoke, NY: Palgrave MacMillan. Power, M., & Dalgleish, T. (2008). *Cognition and emotion: From order to disorder* (2nd ed.). New York, NY: Psychology Press. Williams, J. M. G., Watts, F. N., Mathews, A., & MacLeod, C. (1997). *Cognitive psychology and emotional disorders*. Chichester, NY: Wiley. De Houwer, J., & Hermans, D. (2010). *Cognition and emotion: Reviews of current research and theories*. Hove, East Sussex: Psychology Press.

Course Structure / Schedule: (3+0+0) 3 / 5 ECTS

Extended Description: This course aims to communicate the major theories of affective cognition, especially pertaining to fear, anxiety, and depression. Cognitive biases relevant to mental disorders are covered in detail. Students are expected to be conversant with these topics at an advanved level, as evidenced by a presentation and an extended review essay.

Design content: None	Computer usage: Not required

Course Outcomes: At the end of this course, the student would learn theories of affective cognitive psychology and how these apply to psychopathology. The student would also advance their presentation skills and learn how to write review papers.

Teaching methods: Lecture with slides, class discussions, student presentations

Course Outline

Week	Topics
1	Introduction, and theories of emotion
2	Snakes and mushrooms: Fear, threat, and visual search
3	Attentional bias in anxiety – the dot probe task
4	Attentional bias in anxiety – the emotional Stroop task
5	Interpretive bias in anxiety and depression
6	Emotion and automaticity
7	Cognitive Bias Modification therapies – the solution
8	Affect and the focus of attention

9	MIDTERM
10	Anxiety, stress, and working memory
11	Memory for emotional events
12	Mood and autobiographical memory
13	Flashbulb memory
14	Mood, thinking and reasoning
15	Positive psychology
16	FINAL EXAM

Assessment methods:

Midterm exam   20%
Final exam   20%
Presentation   20 %
Extended Essay   30 %
Attendance and Contrubition   10%

Contribution of Course Learning Outcomes to Program Outcomes

	Program Outcomes	*Level of Contribution				
		1	2	3	4	5
1	Examine different concepts in the sub-areas of psychology.					x
2	Describe and explain the differences between common sense, religion, art, philosophy and science			x		
3	Learn about the major schools in psychology's history and the current developments				x	
4	Apply analytical and critical thinking skills to selected topics					x
5	Discuss and criticize ethical issues in psychology research			x		
6	Describe the procedures and principles of psychological measurement and interview techniques		x			
7	Apply the principles and skills of positivistic methodology within a simple empirical study					x
8	Design and implement a simple action research and an empowerment program	x				
9	Analyse the coded data by statistical techniques					x
10	Use communication skills in class presentations					x
11	Function effectively in multidisciplinary research teams			x		
12	Develop respect to interpersonal and cultural diversity			x		
13	Develop self awareness				x	

Student workload:

Reading	20 hrs
Presentations	8 hrs
Lectures	33 hrs
Class discussion	5 hrs
Written assignments	25 hrs
Examinations	6 hrs

TOTAL ……………………………… 125 hrs (25x5) 5 ECTS

Course Category:

ISCED General Area Codes	General Ares	ISCED Basic Area Codes	Basic Educational Areas	Percentage
1	Education	14	Teacher Training and Educational Sciences	
2	Humanities and Art	21	Art	
2	Humanities and Art	22	Humanities	
3	Social Sciences, Management and Law	31	Social and Behavioral Sciences	80
3	Social Sciences, Management and Law	32	Journalism and Informatics	
3	Social Sciences, Management and Law	38	Law	
4	Science	42	Life Sciences	
4	Science	44	Natural Sciences	20
4	Science	46	Mathematics and Statistics	
4	Science	48	Computer	
5	Engineering, Manufacturing and Civil	52	Engineering	
5	Engineering, Manufacturing and Civil	54	Manufacturing and Processing	
5	Engineering, Manufacturing and Civil	58	Architecture and Structure	

6	Agriculture	62	Agriculture, Forestry, Livestock, Fishery	
6	Agriculture	64	Veterinary	
7	Medicine and Welfare	72	Medical	
7	Medicine and Welfare	76	Social Services	
8	Service	81	Personal Services	
8	Service	84	Transport Services	
8	Service	85	Environment Protection	
8	Service	86	Security Services	

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